



ZETLAND COURT MAY SOCIAL PROGRAMME



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		<p>1st 10am – Shop Open 10am – Move with Music 11am – Visit Busy Bodies Pre-School 2.15 – Memory Box 4pm - Film</p>	<p>2nd 9.30 -1-2-1 11am – Social Drinks & Quiz 2.15 – Skittles 4pm – 1-2-1 Visits</p>	<p>3rd 10am –Shop Open 10.30am – Art & More 11am – Mens Forum 2pm - Film 2.15- 1-2-1 Visits</p>	<p>4th 10am – Visit Westbourne Library 2pm- Matinee 2.15- Ladies Swap Shop 4pm – 1-2-1 Visits</p>	<p>5th 8.45- All Saints Church Southbourne 10am –Sunday Hymns 2pm-Matinee 2.15- 1-2-1 Visits</p>
<p>6th MAY DAY 10.00 – Shop Open 9.30 - 1-2-1 10.30 – Dancing around the May Pole??? 11.15 – May Day Stories 2.15 - Bingo 4pm - Film</p>	<p>7th 9.30 – 1-2-1 11am – Fun Quiz & Trivia 2.15 – Giant Scrabble 4pm – 1-2-1 4pm – Film</p>	<p>8th 10.00 – Shop Open 9.30 – 1-2-1 10.30 – Holy Communion 11am – Simon on the piano 2.15 – Garden Walks 4pm - Film</p>	<p>9th 9.30 – 1-2-1 11am – Social Drinks & Quiz 2.15-Skittles 4pm- Matinee 4pm – 1-2-1 Visits</p>	<p>10th 10am –Shop Open 10.30am – Art & More 11am – Mens Forum 2pm – Film 2.15 – 1-2-1 Visits</p>	<p>11th 10am– Move with Music 11am –Ladies Pamper Morning 2.pm – Film 2.15- Musical Bingo 4pm – 1-2-1 Visits</p>	<p>12th– 10am–Sunday Hymns 11.30 – Poems & Short Stories 2.pm – Matinee of your choice 2.15 – 1-2-1 Visits</p>
<p>13th 10.00 – Shop Open 9.30 – 1-2-1 11.15 -  2.30 – Dean Martin-Singer 4pm – 1-2-1</p>	<p>14TH 9.30 – 1-2-1 11am – Quiz & Word Games 3.15 – Tai-Chi with Ben 4pm - Film</p>	<p>15th 10.00 – Shop Open 10.am – Move with Music 11am - Visit Busy Bodies Pre-School 2.30 – Sassi Gifts 4pm -Film</p>	<p>16th 9.30 – 1-2-1 11am – Social Drinks & Quiz 2.15 - Skittles 4pm – Film 4pm – 1-2-1 Visits</p>	<p>17TH 10am- Shop Open 10.30am - Art & More.... 11am – Mens Forum 2pm- Film 2.15 – 1-2-1 Visits</p>	<p>18th 10am – Move with Music 11am – Ladies Hour 2pm – Film 2.15 – Card Bingo 4pm – 1-2-1 Visits</p>	<p>19th 10am – Salvation Army meeting 10am – Sunday Hymns 2pm – Matinee 2.15 – 1-2-1 Visits</p>
<p>20TH DEMENTIA AWARENESS WEEK 9.30 – 1-2-1 10.30 – Charity Car Wash 2.15 - Bingo 4pm - Film</p>	<p>21st 9.30 – 1-2-1 11am- Alan on the piano 2.15 – Table Games in the cafe 4pm – Film</p>	<p>22nd 10.00 – Shop Open 9.30 –1-2-1 10.30 – Move with Music 11.15 – Memory Box 2pm - Film</p>	<p>23rd 9.30 – 1-2-1 11am – Social Drinks & Quiz 2.15 - Skittles 4pm - Matinee</p>	<p>24th 10am – Shop Open 10.30am – Art & More 11am – Mens Forum 2pm - Film 2.15- 1-2-1 Visits</p>	<p>25th 10.30 – On the bus to Westbourne 2pm - Film 2..30- Dementia Friends Info Session in RAV 4pm – 1-2-1 Visits</p>	<p>26th 10am – Sunday Hymns 11.30 – Poems & Short Stories 2pm – Film</p>
<p>27th 10.00 – Shop Open 9.30 -1-2-1 11am  3pm – Tai-Chi with Ben</p>	<p>28th 9.30 – 1-2-1 11am – Fun Quiz & Trivia 2.15 – 1-2-1 Visit Prep for Summer Fete</p>	<p>29th 10.00 – Shop Open 10am – Move with Music 11am – Visit Busy Bodies Pre-School 2pm – Film Prep for Summer Fete</p>	<p>30th 9.30 -1-2-1 11am – Social Drinks & Quiz 2.15 – Flower Arranging Demonstration</p>	<p>31st 10.00 – Shop Open 10.30am – Art & More 11am – Mens Forum 2pm – Film Prep for Summer Fete</p>		

ACTIVITIES ARE SUBJECT TO CHANGE, PLEASE READ DAILY ACTIVITY BOARD FOR UPDATES

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